



NEWSLETTER

January 2010

PO Box 240019 • Kansas City, Missouri 64124 • Ph 816.474.6446 x230 • F 816.474.4157 • www.newhouseshelter.org • 816-HOTLINE

In Her Own Words...

The Newhouse Newsletter is published bi-monthly. With each issue we bring you the voice of a Newhouse resident as she shares her new beginning.

I am a woman of multiple abusive relationships. It wasn't until this last one that I realized something was very wrong with my living arrangement. My sister witnessed enough and gave me a number to call for help.

Unsure of how the process worked, I called the domestic violence hotline. I have to tell you I was afraid of how I would be received—because most people think you're stupid for being in an abusive relationship. But not the staff at Newhouse. I felt safe just talking to the lady on the phone. She gave me instructions on how I had to get to the police station.

Then I came to Newhouse, glad to be here away from danger. The staff made me feel comfortable and safe. They did not judge me, but moreover, have given me so much support, emotionally and spiritually. Thanks to group and individual therapy sessions, for the first time in my life I am beginning to understand some things about myself. Also, I didn't have a job or clothes to even look for one. My case manager helped me get some clothes so I could interview for jobs—and, I recently became employed.

It was unfortunate circumstances that brought me here to Newhouse, but beyond those circumstances I have been given a new lease on life and definitely a second chance to be truly happy. Thank you so much for having the love of God in your hearts and especially the love you all have showed me. For that I am forever grateful.

—Alberta

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The mission of Newhouse is to break the cycle of domestic violence by providing the tools that allow women to make positive choices and lead self-sufficient lives.

Your donation makes a difference!

Yes, I want to support the future of Newhouse!

- \$50 \$500
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SAVE THE DATE FOR THE FIRST NEWHOUSE FUNDRAISER IN THE NEW YEAR

2nd Annual Bowling Tournament

Join us for the Spivey's Bar and Grill Bowling Tournament to benefit Newhouse Shelter. Come for the bowling, stay for the raffles and silent auction, beer, food, prizes, and fun!

When: Saturday, January 30, 2010, 5:00 p.m.

Where: AMF West Lanes, 8788 Metcalf Avenue, Shawnee Mission, Kansas

Registration: \$45 includes three bowling games, shoes and ball, goody bags, drink tickets, dinner at Spivey's catered by Dunn-up BBQ, and dancing!

Teams of 4-6 must register by January 20, 2010

Mail payment to Newhouse, PO Box 240019, Kansas City, MO 64124 or call 816-474-6446 x229



Newhouse is a domestic violence shelter serving the KC metro area. Newhouse is also available for presentations to any group on topics including teen dating violence and violence in the workplace.

For help or shelter (816) 471-5800 or (816) HOTLINE